INFANT FEEDING RECORD (complete one for each child)

Full Name of Infant	Date of Birth	Age in months

Check the appropriate box: $\ \square$ Breast Milk $\ \square$ Formula (brand) $\ _$

MEAL PATTERN CHART FOR INFANTS

(All formula & dry infant cereal must be iron fortified)

AGE RANGE	BREAKFAST	LUNCH OR SUPPER		SNACK
	4 - 6 fluid oz formula or breast milk	4 - 6 fluid oz formula or breast milk		4 - 6 fluid oz formula or breast milk
	1) 4 - 8 fluid oz formula or breast milk	1) 4 - 8 fluid oz formula or breast milk		4 - 6 fluid oz formula or breast milk
4 - 7 months	and	and		
	2) 0 - 3 Tbsp dry infant cereal	2) 0 - 3 Tbsp dry infant cereal and/or		
		3) 0 - 3 Tbsp of fruit or vegetable or both		
	Milet come All 2 components	Must same All 2 sampanants		Must same same same
	Must serve ALL 3 components:	Must serve ALL 3 components:		Must serve component 1:
8-11 months	4) C. Official and formation on bost and maille	4) C 0 (h.i.d a- farmanda an harantarilla		1) 2 - 4 fluid oz formula or breast milk
	1) 6 - 8 fluid oz formula or breast milk and	1) 6 - 8 fluid oz formula or breast milk and		or 100% fruit juice
	2) 2 - 4 Tbsp dry infant cereal	2) 2 - 4 Tbsp dry infant cereal		
	and 3) 1 - 4 Tbsp of fruit or vegetable or both	and/or 1 - 4 Tbsp meat, fish, poultry, egg yolk, cooked		and
	3) 1 - 4 Tusp of fruit of vegetable of both	dry beans or peas; or		2) 0 - 1/2 slice bread*
		1/2 - 2 oz (weight) cheese; or		or
		1 - 4 oz (volume) cottage cheese; or 1 - 4 oz (weight) cheese food or cheese spread		0 - 2 crackers*
		and		
		3) 1 - 4 Tbsp of fruit or vegetable or both		(*must be made from whole-grain or
	BECORD FOOD	ITEM/S) AND AMOUNT SERVED FOR FACIL MEAL		enriched meal or flour)
DAYS SERVED	BREAKFAST	ITEM(S), AND AMOUNT SERVED FOR EACH MEAL LUNCH OR SUPPER		SNACK
DATE OF REE	Served: Ate:	Served:	Ate:	Served: Ate:
Data	4) Farmula on Bracet Mills	4) - Farmula de Branch Mills		4) as Farmula as Ducast Mills
Date:	1) oz Formula or Breast Milk	1) oz Formula or Breast Milk		1) oz Formula, or Breast Milk, or 100% Juice
	2) Tbsp Infant Cereal	2) Tbsp Infant Cereal and/or Meat/Alt		
				and
	3) Tbsp Fruit/Veg	3) Tbsp Fruit/Veg		2) Bread or Crackers
	Served: Ate:	Served:	Ate:	Served: Ate:
Date:	1) oz Formula or Breast Milk	1) oz Formula or Breast Milk		1) oz Formula, or Breast Milk, or 100% Juice
	2) Tbsp Infant Cereal	2) Tbsp Infant Cereal and/or Meat/Alt		01 10070 Galloo
				and
	3) Tbsp Fruit/Veg	3) Tbsp Fruit/Veg		2) Bread or Crackers
	, — . — •	,		,
	Served: Ate:	Served:	Ate:	Served: Ate:
Date:	1) oz Formula or Breast Milk	1) oz Formula or Breast Milk		1) oz Formula, or Breast Milk, or 100% Juice
	2) Tbsp Infant Cereal	2) Tbsp Infant Cereal and/or Meat/Alt		
				and
	3) Tbsp Fruit/Veg	3) Tbsp Fruit/Veg		2) Bread or Crackers
	Served: Ate:	Served:	Ate:	Served: Ate:
_				
Date:	1) oz Formula or Breast Milk	1) oz Formula or Breast Milk		1) oz Formula, or Breast Milk, or 100% Juice
	2) Tbsp Infant Cereal	2) Tbsp Infant Cereal and/or Meat/Alt		
				and
	3) Tbsp Fruit/Veg	3) Tbsp Fruit/Veg		2) Bread or Crackers
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	Served: Ate:	Served:	Ate:	Served: Ate:
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Date:	1) oz Formula or Breast Milk	1) oz Formula or Breast Milk		1) oz Formula, or Breast Milk, or 100% Juice
	2) Tbsp Infant Cereal	2) Tbsp Infant Cereal and/or Meat/Alt		01 100 /0 Juice
	•	·		and
	3) Tbsp Fruit/Veg	3) Tbsp Fruit/Veg		2) Bread or Crackers
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